

## Sun Safety for Students

It is important that we protect the skin of our students from the ultraviolet radiation from the sun. We want to reduce the possibility of skin damage and skin cancer in children and young people in the future. The Sun Safety for Students Guidelines suggest families and schools work together to implement sun safe strategies.

It is recommended that all students, staff, families and visitors model sun safe behaviours all year round. That means everyone needs to wear a hat when they are outside. Students and teachers will need to wear a hat in the playground before school, at recess and at lunch. Students who don't have a hat will be asked to stay in the shade. They will also need to wear a hat when participating in fitness/sport time, going on excursions, attending sporting events, Gala Days and any other event which is held outside. If students don't have a hat, they won't be able to participate in these events. Families are also encouraged to wear hats when they attend any outdoor school event too.

Students are encouraged to wear sun safe hats (bucket hats) as they protect the head, neck and ears. They are available to purchase at the office for \$13. Caps are not recommended for adequate sun protection but are better than wearing no hat at all. Caps are available to purchase at the office for \$10. Please make sure names are written inside the hats just in case they are misplaced.

It is also recommended that students wear SPF 30+ (or above) broad-spectrum water resistant sunscreen every day.

Thank you for your support.

Mrs Natter

Assistant Principal/Health and Safety Officer