



ESCHOL PARK PUBLIC SCHOOL

The Grapevine

Term 3 Week 4

Dear parents & caregivers

We have had a busy few weeks and have a few more planned. Please ensure you read the newsletter where all the relevant information is printed rather than ringing up with questions that are already answered in the newsletter.

Athletics Carnival

Last Monday we held a very successful Athletics Carnival. All the students and the staff really enjoyed the day with many engaging activities and lots of good fun and fitness. Thank you to those parents who came along and enjoyed the day with your children.

NAIDOC Celebration Day

Thank you to those parents who came along and celebrated NAIDOC Day with us yesterday. The staff ensured that the children were highly engaged in the activities in the classrooms. The Assembly after lunch was well attended and the children who participated were thrilled with their performances. Thank you to Mrs Scales who has worked tirelessly over the past few weeks to ensure the day was a success. The work she does as our Aboriginal Support Teacher is highly valued. Thank you to the few parents who came and helped Mrs Scales prepare the students for their performances.

Responsible Pets Incursion

21 August 2019

This incursion is only for students in K-2 and deals with the correct way to look after your pets but also the correct ways to deal with pets they don't know. We run this program each year and it is highly regarded by the staff and the students.

It is a **free event**.

Robokids Incursion

19 August 2019 : KM, KW, 1P, 1H & 1J

30 August 2019 : KP, 2B & 2J

Robotics workshops engage all students in 21st century learning with the latest technology. The Kinder students use Bee Bot robots and the Year 1 & 2 students use We Do Lego 2.0 robots.

There is **no cost** for this incursion as the school is covering the full amount for each student.

Book Week Open Day

Thursday 29 August 2019

Open Day : parents and community members are warmly invited into our classrooms after the Book Character Parade where the children come in a costume to match their favourite book character. Please do not spend large amounts of money to outfit your children in costumes – innovation and creativity will be celebrated!! The parade and Open Day is on :
THURSDAY 29 AUGUST 2019 : 9.15am -12.30pm.

Enrolment for 2020

If you know of any children who are eligible to enroll for Kinder 2020, please come to the school office to collect the paper work that needs to be completed.

The Out Of Area panel will hold one more meeting to discuss and process any children who wish to enroll but live out of area. **If you have siblings at the school but you now live out of area you need to complete the Out of Area Forms for the panel to process.**

Father's Day Stall

Tuesday 27 August

Please support the P&C by allowing your child to purchase Father's Day gift at school for \$5 per gift.

Mrs Karen Masciocchi
Principal



Dates for your diary

August

- 19 Robokids (KM, KW, 1H, 1J, 1P)
- 21 Responsible Pets Incursion (K-2)
- 22 Cookie dough delivery
- 23 GALA Day 3
- 26 Year 5 Debating Competition at EVHS
- 27 Father's Day Stall
- Canteen Book Week lunch pack due
- 29 Book Week Open Day
- Canteen – Book Week Lunch Pack
- 30 Robokids Incursion (KP, 2B, 2J)

26/8 – 30/8 : School Office Staff
Recognition Week

September

- 6 Gala Day 4

Learning Awards

Term 3 Week 3

KM	Joseph S	Ariel H	
KW	Bryce A	Leah K	
	Jujhar S		
K1P	Safiyah S	Aysha LK	
1H	Rodrigo A	Mikayla K	
1JS	Elelei T	Alexander E	
	Jad S		
2B	Tristan P	Yuna K	
2J	Lilly L	Tyler L	
	Leo W		
3K	Bianca D	Insia D	
3/4B	Chase B	Emma M	
	Cooper S		
3/4S	Mark C	Tahlia B	
	Ella K		
4H	Fheenyx S	Tyler E	
	Ariyah F		
5/6G	Dylan J	Hope S	
	Shanaya N		
5/6K	Mary-Kay H	Olivia T	
5/6N	Junaid P	Lyam B	
	Brandon J		

Truth Quality Care Awards



Term 3 Week 3



*Aurora C, Conrad H, Chelsea S,
Liliana H, Yasmine G, Uila T,
Skye M, Nicola G, Jake P, Jett M,
Asher J, Hadi G, Cameron H &
Hunter E.*

Awards : Positive Behaviour In our School playground

Term 3

Week 2: Lana 1JS, Larissa 4H, William K/1P, Israel K/1P, Jayden 2B, Ku'ule 3/4B

Week 3: Krystal 4H, Lucas KM, Dominic 3K, Victoria 4H, Scarlett K/1P, Ashwin 1JS



Kindergarten

2020



Eschol Park Public School

Kindergarten Enrolments are now
being taken for 2020.

Enrolment forms are available from the school
office. (Full Birth Certificates required.)

Orientation Days are :

Thursday 14th November (2.00 - 2.50pm)

Thursday 21st November (10.00 -11.30am)

Thursday 28th November (9.00-11.00am)
(includes Morning Tea)

RSVP by: 4th November 2019

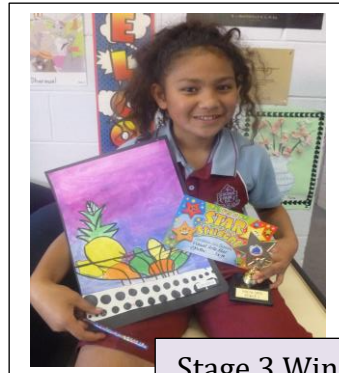
Visual Arts Awards

Term 3 Week 3

This Semester we are celebrating our talented artists with Assembly Awards. These awards replace the Writing Stars that we celebrated in Semester 1. I am sure you will agree that we have some very talented and creative students.



K-2 Winner
Meera



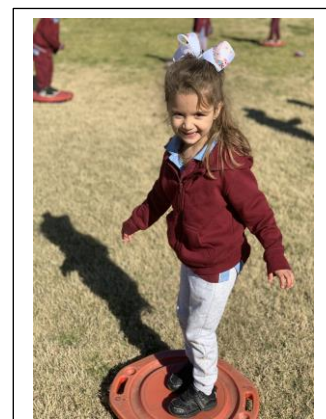
Stage 3 Winner
Carolana



Stage 2 Winner
Dylan



ATHLETICS CARNIVAL



Nurture: Life Skills*

WEDNESDAY 4 SEPT

BODY CONFIDENCE\IMAGE - FOR WOMEN ONLY

Come along to learn how to develop a positive body image despite media images, society or your past history.

Be a role model for the next generation.

9.30am - 11.30am (followed by optional Bible time)

@ Claymore Opportunity Hub,

cnr Glenroy Drive & Gould Road, Claymore.



***WDO APPROVED.**

Sign up via sms to 0447947467 or email

Sashi.Grayndler@Anglicare.org.au.

Cost \$5, pay on the day, morning tea provided.

The simplest way

... to get new recipes.

To keep you and your kids from getting bored with the same lunch box we have updated our [website](#) with new recipes.



- [Veggie pasta soup](#)
- [Yoghurt rice pudding](#)
- [No bake cookies](#)
- [Nicoise salad](#)
- [Turkey, apple & avocado crepe](#)
- [Vegetable pasta bake](#)
- [Vegetable dumplings](#)
- [Mexican baked sweet potato](#)

For more recipes and ideas visit healthylunchbox.com.au

healthylunchbox.com.au

The simplest way

... to save time in the morning.

With some simple preparation at a time that suits you, you can save a lot of stress in the morning.



Try these tips to pack healthy foods quickly:

- Buy snack sized veg that don't require cutting e.g. cherry tomatoes, baby cucumbers and snow peas
- Keep some shelf stable items like beans and milk in the pantry
- Make and pre-pack individual serves of healthy snack mixes such as [poppletana](#).
- Get in to the habit of cooking extra for dinner and packing leftovers for lunch.
- Spend some time on the weekend preparing freezer-friendly lunch box items such as fruit or [vegie muffins](#).
- Allocate a drawer or area of the kitchen where lunch boxes and containers are kept, making them handy to find come packing time.

healthylunchbox.com.au

The simplest way

... to use winter vegetables.

Don't feel like salad during winter?

Here are some fruit and veg filled, winter ideas.



Cook extra for dinner and dessert and pack leftovers for lunch.

- Baked vegetables such as pumpkin, sweet potato, beetroot
- [Mushroom, spinach and lentil lasagna](#)
- [Sweet potato and lentil curry](#)
- [Salmon and potato cakes](#)
- [Shepherd's pie](#)
- [Stewed apples and sultanas](#)
- [Healthy apple crumble](#)

For these recipes and more visit healthylunchbox.com.au

healthylunchbox.com.au

The simplest way

... to wear SunSmart clothing

Clothing provides a barrier between your skin and damaging ultraviolet (UV) radiation - unlike sunscreen, it can't be wiped or washed off.



For the BEST protection, choose:

- Shirts with collars or high necks, and sleeves
- Trousers or longer shorts and skirts that come to below the knees
- Clothing that is loose rather than stretched across the skin

Clothing is just one part of sun protection! Remember to use SunSmart hats, sunglasses, apply sunscreen, and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartsnw.com.au

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